

opportunities to nurture the mind, heal the body, and awaken the spirit

December 2024



Are you active in the NE Ohio spiritual community? Are there spiritual topics you would like to learn more about?

If you answered yes, then you may be the perfect person to replace our dear Mattie Mathis who has for years been scheduling our Sunday speakers. She is retiring at the first of the year and we are looking for energetic, inquisitive people to help us continue to bring compelling programming to our Spiritual Roundtable. Talk to a Board Member the next time you are with us!

DECEMBER SPIRITUAL ROUNDTABLES

Sunday, December 1st - 10:30 am to noon Spiritual Roundtable

"Acting Lessons" with Ron Boyd

Ron will lead a spiritual discussion about life lessons and perspectives he gained from his time spent in community theater. Suggested \$5 Love Offering





Sunday, December 8th -10:30am to noon Spiritual Roundtable

Eternal Beauty with Nestor Maat

Immersion in living presence introduces us to the eternal. We can begin to identify with permanence whilst still enjoying impermanence. Let's talk about it! Suggested \$5 Love Offering

Sunday, December 15th -10:30am to noon Spiritual Roundtable

Understanding Enlightenment & Levels of Consciousness with David Kidd

This morning we welcome David Kidd. TM Instructor and old friend to explore this topic and view it through a spiritual lens. Suggested \$5 Love Offering



Sunday, December 22nd -10:30am to noon - Christmas Musical Program with Steve Dallas

Relax and enjoy a festive musical program that will raise your spirit at the height of this lovely holiday season! Suggested \$5 Love Offering

Sunday, December 29th -10:30am to noon - Nestor Maat Interviews Steve Dallas

If you've never been to an interview conducted by Nestor, you are in for a treat. This time he delves into the world of Steve Dallas Suggested \$5 Love Offering





Become a CONTRIBUTING MEMBER, SUSTAINING MEMBER or PATRON MEMBER of Merging Hearts with an ongoing monthly donation. We have been a registered 501c3 nonprofit organization for two decades offering a full spectrum of spiritual programming that supports spiritual awakening, personal growth and fellowship in our area. This has been done through the generosity of people who have participated, volunteered and sustained our organization through their ongoing donations. Keep our organization strong by joining us and making an ongoing donation of \$25, \$50 or \$100 per month. Click on this QR code or visit merginghearts.org/donate to show your support of Merging Hearts Spiritual Center. Donations are tax deductible. Thank you!



Join us for our ONGOING GATHERINGS

Healing Share 2nd Tuesday of the month, (12/10) 7:00 - 8:30 pm Moderator: Lisa Miller

Practitioners of all healing modalities and participants come together in collective consciousness to give and receive within an atmosphere of Love & Light. Learn about self-healing and healing others. Each meeting begins with introductions and a grounding meditation. Suggested \$5 love offering

Drum Circle 2nd Friday of the month (12/13) 6:45 - 8:00 pm Moderators: Sally Sutterfield & Heather Peterson Bring your own drum or other percussion instrument. Suggested love offering \$5

A Course in Miracles BOOK STUDY every Wednesday, 6:30 – 8:00 pm Moderator: Norm Lord This on-going group at Merging Hearts follows the self-study curriculum of spiritual transformation in the book A Course in Miracles. Suggested love offering \$5

NEW Starseed Gathering every 3rd Sunday (12/15) 1:00 – 3 pm Moderator: Jeannie Grimes

Learn more about what it means to be a Starseed, how to develop your gifts and how to cope in this beautiful, but crazy, world. Meet and befriend other Starseeds in a safe environment, which helps with the

loneliness and isolation often experienced by Starseeds. Suggested \$5 Love Offering

Merging Hearts Monthly Board Meeting 2nd Sunday (12/8) 8:30 am to 10 am

Meeting of the Merging Hearts Board of Directors is open to all. We gather in the kitchen at Yoga Central before the Sunday Spiritual Roundtable. Join us! *Talk to a Board member about being an Apprentice*!

Future Spiritual Roundtable discussions

Sunday, 1/5 Burning Bowl Ceremony with Jeannie Grimes

Sunday, 1/12 - Live Podcast with Chris Seeman (topic TBA)

RSVP at merginghearts.org/events-calendar



Merging Hearts Spiritual Center is tax-exempt under section 501(c)3 of the Internal Revenue Code. www.merginghearts.org

We offer a full spectrum of programs appealing to those seeking enlightenment, peace and cutting-edge spiritual information. Many gatherings are offered on a donation basis, but we depend upon the generosity of the community to sustain our operations. Please click on the QR code to make a one-time or continuing donation to our organization. Thank you. Merginghearts.org/donate









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