# MIND BODY SPIRIT Merging Hearts News

opportunities to nurture the mind, heal the body, and awaken the spirit

November 2024

#### Annual Membership Meeting and pot luck gathering

We will be gathering on Sunday, November 10th at 10:30 for our annual membership meeting where we will discuss 2024 and look forward to 2025. There will be a pot luck dinner immediately following. Enjoy this yearly fellowship!

### **NOVEMBER SPIRITUAL ROUNDTABLES**

Sunday, November 3rd - 10:30 am to noon Spiritual Roundtable

**The Hero's Journey** a podcast moderated by Ron Boyd & Chris Seeman

Ron Boyd, president of Merging Hearts Spiritual Center, and Dr. Chris Seeman sit down to discuss Joseph Campbell's stages of the Hero's Journey in relation to each of their own personal spiritual journeys. Suggested \$5 Love Offering





Sunday, Nov 10th -10:30am to noon

**Annual Membership Meeting** with MH Board of Directors Pot Luck gathering immediately after the meeting.

Sunday, Nov 17 -10:30am to noon - Rainbow Eagle at Yoga Place this Sunday only

This morning we welcome Rainbow Eagle and will explore a topic and view with through a spiritual lens. Yoga Place is located at 6734 Wise Ave NW in N. Canton. Suggested \$5 Love Offering





Sunday, Nov 24th -10:30am to noon - Rudra 2024 Kirtan with Nestor Maat

In this 2024 Rudra Kirtan, two pujas, each of a 108 musical mantras, will be played on the Rudra Veena, an instrument named after Lord Shiva: the first puja to Kali and the second to Shiva, intermixed with sundry narrated Hindu texts, deepening the experience. Suggested \$5 Love Offering

Are you active in the NE Ohio spiritual community? Are there spiritual topics you would like to learn more about?

If you answered yes, then you may be the perfect person to replace our dear Mattie Mathis who has for years been scheduling our Sunday speakers. She is retiring at the first of the year and we are looking for energetic, inquisitive people to help us continue to bring compelling programming to our Spiritual Roundtable. Talk to a Board Member the next time you are with us!



Become a CONTRIBUTING MEMBER, SUSTAINING MEMBER or PATRON MEMBER of Merging Hearts with an ongoing monthly donation. We have been a registered 5013c nonprofit organization for two decades offering a full spectrum of spiritual programming that supports spiritual awakening, personal growth and fellowship in our area. This has been done through the generosity of people who have participated, volunteered and sustained our organization through their ongoing donations. Keep our organization strong by joining us and making an ongoing donation of \$25, \$50 or \$100 per month. Click on this QR code or visit merginghearts.org/donate to show your support of Merging Hearts Spiritual Center. Donations are tax deductible. Thank you!



## Join us for our ONGOING GATHERINGS

#### **NEW Kitchen Table Sharing with John McClain every Sunday morning before**

and after Spiritual Roundtable 10 - 10:30am / noon - 12:30 PM

Every Sunday John McClain is hosting a relaxing chat in our kitchen before and after our Spiritual Roundtable. HAPPINESS: The state of accepting your current condition and knowing that YOU can improve that situation. Suggested \$5 Love Offering



### Healing Share 2nd Tuesday of the month, (11/12) 7:00 - 8:30 pm Moderator: Lisa Miller

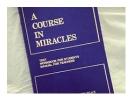
Practitioners of all healing modalities and participants come together in collective consciousness to give and receive within an atmosphere of Love & Light. Learn about self-healing and healing others. Each meeting begins with introductions and a grounding meditation. Suggested love offering \$5



Drum Circle 2nd Friday of the month (11/8) 6:45 - 8:00 pm Moderators: Sally Sutterfield & Heather Peterson Bring your own drum or other percussion instrument. Suggested love offering \$5



A Course in Miracles BOOK STUDY every Wednesday, 6:30 – 8:00 pm Moderator: Norm Lord This on-going group at Merging Hearts follows the self-study curriculum of spiritual transformation in the book A Course in Miracles. Suggested love offering \$5



### NEW Starseed Gathering every 3rd Sunday (11/17) 1:00 – 3 pm

**Moderator: Jeanne Grimes** 

Learn more about what it means to be a Starseed, how to develop your gifts and how to cope in this beautiful, but crazy, world. Meet and befriend other Starseeds in a safe environment, which helps with the loneliness and isolation often experienced by Starseeds. Suggested \$5 Love Offering



Merging Hearts Monthly Board Meeting 2nd Sunday (11/10) 8:30 am to 10 am Meeting of

the Merging Hearts Board of Directors is open to all. We gather in the kitchen at Yoga Central before the Sunday Spiritual Roundtable. Join us! *Talk to a Board member about being an Apprentice!* 





Merging Hearts Spiritual Center is tax-exempt under section 501(c)3 of the Internal Revenue Code.

www.merginghearts.org

We offer a full spectrum of programs appealing to those seeking enlightenment, peace and cutting-edge spiritual information. Many gatherings are offered on a donation basis, but we depend upon the generosity of the community to sustain our operations. Please click on the QR code to make a one-time or continuing donation to our organization. Thank you. Merginghearts.org/donate



