



# Merging Hearts News

opportunities to nurture the mind, heal the body, and awaken the spirit

September 2024

## Fall is in the air!

### SEPTEMBER SPIRITUAL ROUNDTABLES

Sunday, Sept 1st - 10:30am to noon - **Ask It Basket** with Mattie Mathis

Join us for this time-honored Merging Hearts tradition where Spirit chooses the topic and lively discussion ensues! Suggested \$5 love offering.



Sunday, Sept 8th - 10:30am to 1pm - **Visioning Discussion** with MH VP Chris Seeman

We're GOING LONG this Sunday! Vice President Chris Seeman will moderate a Visioning Discussion about what will keep our group vibrant and sustainable into the future. Please bring your ideas to share! Where is our untapped potential? What activities are calling us right now? How can we help each other learn, grow and thrive? We have an extra hour this Sunday, so let's merge our hearts AND our minds!



**SPECIAL EVENT** - Merging Hearts joins Yoga Central's Silent Retreat Sunday, September 15th

Experience a classical Yoga-Ashram style retreat designed to help you re-discover the sacred silence within and connect profoundly with your authentic Self. We begin with a silent brunch at 10:30. Swami Sankarananda speaks about Dharma at 11:30. Stay for the Peace Walk at 12:30.



Sunday, Sept 22nd -10:30am to noon - **AI Continued** with Ron Boyd

This popular topic is not only trending, but can impact our future in a myriad of ways. Join us to discuss Artificial Intelligence with President of MH, Ron Boyd Suggested \$5 Love Offering



Sunday, Sept 29th -10:30am to noon - **The Body Code a next step to spiritual healing** with John McClain

What is the Body Code and how it is different from the Emotion Code. Example of a Body Code session and input from individuals that have had Body Code sessions. Suggested \$5 Love Offering



Become a **CONTRIBUTING MEMBER, SUSTAINING MEMBER** or **PATRON MEMBER** of Merging Hearts with an ongoing monthly donation. We have been a registered 5013c nonprofit organization for two decades offering a full spectrum of spiritual programming that supports spiritual awakening, personal growth and fellowship in our area. This has been done through the generosity of people who have participated, volunteered and sustained our organization through their ongoing donations. Keep our organization strong by joining us and making an **ongoing donation of \$25, \$50 or \$100 per month**. Click on this QR code or visit [merginghearts.org/donate](http://merginghearts.org/donate) to show your support of Merging Hearts Spiritual Center. Donations are tax deductible. Thank you!



#### Future Spiritual Roundtable discussions

Sunday, 10/6 - TBA

Sunday, 10/13 - Oxygen for the Soul with Chris Seeman

Sunday, 10/20 - Conversation Cafe with Hazel Ray

Sunday, 10/27 - Topic TBA with John Lombardi

Sunday, 11/3 - Topic TBA with John Lombardi

RSVP at [merginghearts.org/events-calendar](http://merginghearts.org/events-calendar)

# Join us for our ONGOING GATHERINGS

**Healing Share** 2nd Tuesday of the month, **(9/10)** 7:00 - 8:30 pm

**Moderator: Lisa Miller**

Practitioners of all healing modalities and participants come together in collective consciousness to give and receive within an atmosphere of Love & Light. Learn about self-healing and healing others. Each meeting begins with introductions and a grounding meditation. Suggested love offering \$5



**Drum Circle** 2nd Friday of the month **(11/8)** 6:45 - 8:00 pm **Moderators: Sally Sutterfield & Heather Peterson** Bring your own drum or other percussion instrument. Suggested love offering \$5 **Back 11/8!**



**Book Study** 2nd & 4th Monday of the month, Book Study is taking a break and will resume in the fall with a new book!

**A Course in Miracles BOOK STUDY** every Wednesday, 6:30 – 8:00 pm  
**Moderator: Norm Lord** This on-going group at Merging Hearts follows the self-study curriculum of spiritual transformation in the book *A Course in Miracles*. Suggested love offering \$5



**Discover Energy Healing** every 3rd Sunday **(10/20)** 12:30 – 2:20 pm  
**Moderator: John Lombardi WE'RE BACK 10/20!**

Energy healing is used to release negative emotions, improve your health and increase your happiness. The discussion will include material from the book *The Emotion Code* to assist the body, mind and spirit to thrive in a more holistic way. Suggested love offering \$5



**Merging Hearts Monthly Board Meeting** 2nd Sunday **(9/8)** 8:30 am to 10am Meeting of the Merging Hearts Board of Directors is open to all. We gather in the kitchen at Yoga Central before the Sunday Spiritual Roundtable. Join us! *Talk to a Board member about being an Apprentice!*



**Merging Hearts**  
Spiritual Center

c/o Yoga Central 4626 Cleveland Ave NW, Canton OH 44709

Merging Hearts Spiritual Center is tax-exempt under section 501(c)3 of the Internal Revenue Code.

[www.merginghearts.org](http://www.merginghearts.org)

*We offer a full spectrum of programs appealing to those seeking enlightenment, peace and cutting-edge spiritual information. Many gatherings are offered on a donation basis, but we depend upon the generosity of the community to sustain our operations. Please click on the QR code to make a one-time or continuing donation to our organization. Thank you. [Merginghearts.org/donate](http://Merginghearts.org/donate)*



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