

MIND BODY SPIRIT Merging Hearts News

opportunities to nurture the mind, heal the body, and awaken the spirit

penings Aboun



Sunday, May 7 - 10:30am to noon **ENLIGHTENED BEINGS Dissolving Dissonance** with Shelly Valinttine

This interactive session will be led to engage the audience to dissolve the discord within and integrate our parts disconnected from each other. Think of it as group coaching. Join us to create more wholeness for yourself. Suggested \$5 Love Offering

Sunday, May 14 - 10:30am to noon ENLIGHTENED BEINGS Mother's Day, Honoring our Mother Earth with Robin Brotherton

Mother's Day is all about expressing our gratitude and love for the women who have nurtured and raised us. Who has done more for us than the mother of the entire human race, Mother Earth herself? We will discuss our connection, interactions and wishes for our dear Mother Earth comprehending the importance of our Mother God in healing ourselves and our world.





Sunday, May 21 - 10:30am to noon ENLIGHTENED BEINGS Spirit Circle with Jeanne Grimes

The Sacred Circle is an experiential workshop where you learn to strengthen your connection to Spirit while developing your intuitive and healing abilities. Attendees will sit in a circle while a volunteer lays on the sacred six-petal rose in the middle of the circle. Those in attendance will practice giving and receiving messages from the Spirit realm and experience a wonderful healing session! Please bring a drum and/or rattle if you have one. Suggested \$5 Love Offering

Sunday, May 28 - 10:30am to noon ENLIGHTENED BEINGS Your Seven Chakras with Elizabeth Adams

Discover what chakras are, where they are located in your body and how we can unblock them. We will discover each chakra's unique identity and work with each one. Be prepared to be in a form of healing and body work during this presentation. Suggested \$5 Love Offering





Winners must be present to win, as prizes will be awarded immediately following Enlightened Beings on Sunday, May 28

Win a 15 minute Reading with Elizabeth Adams!

Elizabeth Adams, Psychic Medium and Metaphysical Teacher has donated four 15-minute readings for the May Merging Hearts Raffle. The drawing for winning tickets will take place immediately following spiritual discussion on Sunday, May 28, at approximately noon, with readings to be conducted shortly thereafter.

Tickets can be purchased on our website. They are \$1 each or six for \$5. The drawing will be held on the last Sunday of the month and the winner will be notified. To purchase tickets online, click on this QR code and you will be transported to our donation page: Merginghearts.org/donate. Just enter the amount you would like to spend by clicking the "one time donation" option and using the dropdown to customize your amount. You will be contacted shortly with information about tickets. Good Luck!



Allow me to guide you from the unwanted to the wanted in your life!

> Call Shelly Valinttine, MNLP BcH for a FREE phone consultation

> > 330-415-5199

25 years experience changing minds and lives.

We are now accepting business card ads for the newsletter.

\$15/month

Email

shiftwriter@yahoo.com

Ongoing Gatherings

Healing Share 2nd Tuesday of the month, (5/9) 7:00 - 8:30 pm Moderator: Lisa Miller

Practitioners of all healing modalities and participants come together in collective consciousness to give and receive within an atmosphere of Love & Light. Learn about self-healing and healing others. Each meeting begins with introductions and a grounding meditation. Suggested love offering \$5





Bring your own drum or other percussion instrument. Suggested love offering \$5



Book Study 2nd & 4th Monday of the month, (5/8 & 5/22) 7:00 - 8:30 pm Moderator: Ron Boyd Discussion of the book CUTTING THROUGH SPIRITUAL MATERIALISM. Can be purchased on Amazon. Suggested love offering \$5 NEW GATHERING!



ACourse in Miracles BOOK STUDY every Wednesday, 11:30 am - 1:00 pm Moderator: Norm Lord This on-going group at Merging Hearts follows the self-study curriculum of spiritual transformation in A Course in Miracles. Suggested love offering \$5



Merging Hearts Board of Directors Meeting 2nd Sunday of the month, (5/21) 8:30 -10:00am All are welcome to sit in on the monthly meeting of the BOD. Ask a Board member about participating in Merging Hearts decision making as a Board Apprentice!

Dispelling Separation: A Cultural Program

with Dignitary



Let's look at our experience through the lens of Self Love and Human Relations. How do you interact with yourself and others? It all has to do with how you see the world. Do you see how we are all the same? Can you envision how we can build a new way? Can you imagine a world in which we interact with Love? These statements are the foundation of our mental, emotional and physical experience of life. Go forward being mindful of how powerfully your words are. You are a majority made of one.

Friday, May 26, 2023 - 7pm to 8:30pm

taking place at Yoga Central 4626 Cleveland Ave NW in Canton OH 44709

Admission \$25

This event is brought to you by Merging Hearts Spiritual Center. Tickets can be purchased at merginghearts.org or by scanning one of these QR codes. (Zoom attendance is available.)

Just hover your cell phone camera over the code and click on the link that pops up



Coming in June

Diversity and Peaceful Equality

Darrell Nichols

Join Darrell Nichols, a peacekeeper, former military officer, pastor, bishop, NAACP Officer, Certified Violence Prevention Practitioner, Diversity Facilitator, Leadership Development Trainer and activist for indigenous peoples.





The hidden truths about the oppression of indigenous people all around the world causing wars and division among mankind.

> Sunday, June 4 from 1-3pm

\$25 Admission

This event will take place at Yoga Central 4626 Cleveland Ave, Canton OH 44709

This event is brought to you by Merging Hearts Spiritual Center. Admission is \$25. Zoom attendance is available. Use the QR code to the right to register.

Merging Hearts

phone camera over the code and click on the link that pops up.





c/o Yoga Central 4626 Cleveland Ave NW, Canton OH 44709 Merging Hearts Spiritual Center is tax-exempt under section 501(c)3

of the Internal Revenue Code. www.merginghearts.org We offer a full spectrum of programs appealing to those seeking enlightenment, peace and cutting-edge spiritual information. Many gatherings of ours are offered on a donation basis, but we depend upon the generosity of the community to sustain our operations. Please click on the QR code to make a one-time or continuing donation to our organization. Thank you. Merginghearts.org/donate





